









Stanley Total Living Center Memory Care: January 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 9:45 ROM exercises 10:00 TV favorites 11:15 Nail Care 2:00 Stretch & Stroll	2 9:45 ROM exercises 10:00 Connect Four 11:00 Reading with Rev. Davis 2:00 Bingo 	3 9:45 ROM exercises 10:00 Sensory cart 11:00 Adult coloring 2:00 Stretch & Stroll 2:30 Puzzle fun	4 10:00 Friendly visits with family and friends 11:00 TV sitcoms 2:00 Rest & Relax
5 10:30 Morning snack 11:00 Gospel Music hour 2:00 Music therapy with Laura 	6 9:45 ROM exercises 10:00 TV favorites: Andy Griffith 11:15 Sip & Snack 11:30 Reading with Rev. Davis 2:00 Visits with facility dog Sugarbear	7 9:45 ROM Exercises 10:00 Reminiscing kit 10:30 Adult coloring 11:30 Cards: Hi or Low 1:30 Piano music with Elaine	8 9:45 ROM exercises 10:00 FUMC Choir 3:30 Nail Care 	9 9:45 ROM exercises 10:00 Boggle on the white board 11:00 Reading with Rev. Davis 2:00 Bingo 4:00 Therapy visits with Bonnie around the building	10 9:45 ROM exercises 10:00 Artwork: Winter snowflakes crayon resist 11:00 Hand massages	11 10:00 Music therapy with Laura 11:00 TV sitcoms 2:00 Old Country favorites with Wayne Taylor
12 10:30 Morning snack 11:00 Preaching on TV 2:30 Piano music with Jimmy Brown	13 9:45 ROM exercises 10:00 TV favorites 11:30 Reading with Rev. Davis 2:00 Visits with facility dog Sugarbear	14 9:45 ROM exercises 10:00 Piano music with Elaine 2:00 Movie on the big screen 	15 9:45 ROM exercises 10:00 Sing-a-long 11:00 Nail care	16 9:45 ROM exercises 10:00 What's in the bag 11:00 Reading with Rev. Davis 2:00 Bingo	17 9:45 ROM exercises 10:00 Match it up 11:00 Stretch & stroll 2:00 Fluff & fold	18 10:00 Music therapy with Laura 11:00 TV sitcoms 2:00 Rest & Relax
19 10:30 Morning snack 11:00 Gospel Music hour 2:30 Friendly visits with family and friends	20 9:45 ROM exercises 10:00 Simple Sorting 11:30 Reading with Rev. Davis 2:00 Movie on the	21 9:45 ROM exercises 10:00 Balloon Volleyball 10:30 Sip & Snack 11:00 Piano with Elaine 2:00 Finish the line	22 9:45 ROM exercises 10:00 Sing-a-long 11:00 TV favorites on the big screen 2:00 Stretch & Stroll	23 9:45 ROM exercises 10:00 Bingo 11:00 Reading with Rev. Davis 	24 9:45 ROM exercises 10:00 Photo fun 11:00 Stretch & Stroll	25 10:00 Music therapy with Laura 11:00 TV sitcoms 2:00 Rest & Relax
26 10:30 Morning snack 11:00 Preaching on TV 2:30 Piano music with Jimmy Brown 	27 9:45 ROM exercises 10:00 Jukebox with Old country favorites 11:30 Reading with Rev. Davis 2:00 Visits with facility dog Sugarbear	28 9:45 ROM exercises 10:00 Pudding treat 11:00 Piano with Elaine 2:00 Ring toss	29 9:45 ROM exercises 10:00 Sing-a-long 11:00 Sip & snack 11:30 Nail care	30 9:45 ROM exercises 10:00 Ribbons and music 11:00 Reading with Rev. Davis 2:00 Bingo 4:00 Therapy visits with Bonnie around the building	31 9:45 ROM exercises 10:00 Movie on the big screen 2:00 Stretch & Stroll	 Activities are subject to change. See the daily boards on the unit for changes.