

Stanley Total Living Center Memory Care: January 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
 <p>HAPPY NEW YEAR</p>		<p>1 9:45 ROM exercise 10:30 Morning snack 11:00 New Year's Trivia 2:30 Stretch and stroll 3:30 Craft: Glittery Window Stickers 4:00 Snow fun</p>	<p>2 9:45 ROM exercise 10:00 Sing-a-long 11:00 Balloon Volleyball 11:30 Adult Coloring 2:00 Stretch and stroll 2:30 Cinnamon Applesauce ornaments</p>	<p>3 9:45 ROM exercise 10:30 Sip and Snack 11:00 Fellowship with Rev. Davis 2:00 Stretch & stroll 2:30 Bingo</p>	<p>4 9:45 ROM exercise 10:00 Visits with Sugarbear 10:30 Morning snack 11:00 Nail Care: Paint & Polish 2:00 Crafts: Mason Jar Wreaths</p>	<p>5 10:00 Music therapy with Laura 10:30 Morning snack 11:00 TV time 2:00 Social hour 3:30 Stretch and stroll</p>
<p>6 10:00 Devotions 11:30 Morning snack 11:00 Gospel music hour 2:30 Friendly visits with family and friends</p>	<p>7 9:45 ROM exercise 10:30 Morning snack 11:30 Reading with Rev. Davis 2:00 Visits with Sugarbear</p>	<p>8 9:45 ROM exercise 10:30 Morning snack 11:00 Guess the Elvis Presley Tune 2:30 Stretch and stroll 3:30 Craft: Sugar Paintings</p>	<p>9 9:45 ROM exercise 10:00 FUMC Choir 11:00 Sip and Snack 2:00 Stretch and stroll 2:30 Artwork: Marble Picture Frames</p>	<p>10 9:45 ROM exercise 10:30 Sip and Snack 11:00 Fellowship with Rev. Davis 2:00 Stretch & Stroll 2:30 Bingo</p>	<p>11 9:45 ROM exercise 10:00 Visits with Sugarbear 10:30 Morning snack 11:00 Card Challenge 2:00 Stretch and stroll 2:30 Nail Care: Paint</p>	<p>12 10:00 Music therapy with Laura 10:30 Morning snack 11:00 TV time 2:00 Social hour 3:30 Stretch and stroll</p>
<p>13 10:00 Devotions 11:30 Morning snack 11:00 Gospel music hour 2:30 Friendly visits with family and friends</p>	<p>14 9:45 ROM exercise 10:30 Morning snack 11:30 Reading with Rev. Davis 2:00 Visits with Sugarbear</p>	<p>15 9:45 ROM exercise 10:00 Morning snack 10:30 Fluff and fold 11:30 Twister Toss 2:30 Stretch and stroll 3:30 Science for Seniors: Melting Rainbow</p>	<p>16 9:45 ROM exercise 10:00 Sing-a-long 11:00 Morning snack 2:00 Stretch and stroll 2:30 1960's Flashback</p>	<p>17 9:45 ROM exercise 10:30 Sip and Snack 11:00 Fellowship with Rev. Davis 2:00 Stretch & Stroll 2:30 Bingo</p>	<p>18 9:45 ROM exercise 10:00 Visits with Sugarbear 10:30 Morning snack 11:00 Basketball toss 2:00 Stretch and stroll 2:30 Nail Care: Paint</p>	<p>19 10:00 Music therapy with Laura 10:30 Morning snack 11:00 TV time 2:00 Social hour 3:30 Stretch and stroll</p>
<p>20 10:00 Devotions 11:30 Morning snack 11:00 Gospel music hour 2:30 Friendly visits with family and friends</p>	<p>21 9:45 ROM exercise 10:30 Morning snack 11:30 Reading With Rev. Davis 2:00 Visits with Sugarbear 2:30 Reminiscing:</p>	<p>22 9:45 ROM exercise 10:30 Morning snack 11:00 Adult Coloring 2:30 Stretch and stroll 3:30 Craft: Ring-a-ling necklaces</p>	<p>23 9:45 ROM exercise 10:00 Sing-a-long 11:00 Balloon Volleyball 2:00 Stretch and stroll 2:30 January Word Search</p>	<p>24 9:45 ROM exercise 10:30 Sip and Snack 11:00 Fellowship with Rev. Davis 2:00 Stretch & Stroll</p>	<p>25 9:45 ROM exercise 10:00 Visits with Sugarbear 10:30 Morning snack 11:00 Card Challenge 2:00 Stretch and stroll 2:30 Nail Care: Paint</p>	<p>26 10:00 Music therapy with Laura 10:30 Morning snack 11:00 TV time 2:00 Social hour 3:30 Stretch and stroll Activities are subject</p>
<p>27 10:00 Devotions 11:30 Morning snack 11:00 Gospel music hour 2:30 Friendly visits with family and friends</p>	<p>28 9:45 ROM exercise 10:30 Morning snack 11:30 Reading with Rev. Davis 2:00 Visits with Sugarbear</p>	<p>29 9:45 ROM exercise 10:30 Morning snack 11:00 Craft: Groundhog Shadow Predictions 2:30 Stretch and stroll 3:30 Craft: Groundhog prediction board</p>	<p>30 9:45 ROM exercise 10:00 Sing-a-long 11:00 Morning Snack 2:00 Stretch and stroll 2:30 Take a "POP" at it puzzle</p>	<p>31 9:45 ROM exercise 10:30 Sip and Snack 11:00 Fellowship with Rev. Davis 2:00 Stretch & Stroll 2:30 Bingo</p>		