


# Stanley Total Living Center Memory Care Unit: 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
						1 9:45 ROM exercises 10:30 Morning Snack 11:00 Visits with Sugarbear 2:00 Stretch & stroll 2:30 Adult coloring	2 <b>Groundhog Day</b> 10:00 Music therapy with Laura 11:00 TV time 2:00 Social hour 2:30 Stretch & stroll
3 10:00 Devotions 10:30 Morning snack 11:00 Gospel music hour 2:30 Friendly visits with family and friends	4 9:45 ROM exercises 10:30 Morning Snack 11:30 Reading with Rev. Davis 2:00 Visits with Sugarbear	5 9:45 ROM exercises 10:30 Morning Snack 11:30 Fluff & fold 2:30 Stretch & stroll 3:30 Simple sorting buttons 4:30 Craft: Shake it	6 9:45 ROM exercises <b>10:00 Sing-a-long</b> 11:00 Word Play: Valentine's Word search 2:00 Sip & snack 2:30 Bingo	7 9:45 ROM Exercises 10:30 Morning snack 11:00 Fellowship with Rev. Davis 2:00 Stretch & Stroll 2:30 Nail care: paint & polish	8 9:45 ROM exercises 10:30 Morning Snack 11:00 Visits with Sugarbear 2:00 Stretch & stroll 2:30 Adult coloring	9 10:00 Music therapy with Laura 11:00 TV time 2:00 Social hour 2:30 Stretch & stroll	
10 10:00 Devotions 10:30 Morning snack 11:00 Gospel music hour 2:30 Friendly visits with family and	11 9:45 ROM exercises 10:30 Morning Snack 11:30 Reading with Rev. Davis 2:00 Visits with	12 9:45 ROM exercises 10:30 Morning Snack 11:30 Fluff & fold 2:30 Stretch & stroll 3:30 Taste test: puddings	13 9:45 ROM exercises <b>10:00 FUMC choir</b> 11:00 Balloon volleyball 2:00 Sip & snack 2:30 Bingo	14 <b>Valentine's Day</b> 9:45 ROM Exercises 10:30 Morning snack <b>11:00 Wayne Taylor sings love songs</b> 2:00 Stretch & Stroll	15 9:45 ROM exercises 10:30 Movie & Morning Snack: Sabrina 2:00 Stretch & stroll 2:30 Adult coloring	16 10:00 Music therapy with Laura 11:00 TV time 2:00 Social hour 2:30 Stretch & stroll	
17 10:00 Devotions 10:30 Morning snack 11:00 Gospel music hour 2:30 Friendly visits with family and friends	18 <b>President's Day</b> 9:45 ROM exercises 10:30 Morning Snack 11:30 Reading with Rev. Davis 2:00 Stretch & Stroll	19 9:45 ROM exercises 10:30 Morning Snack 11:30 Fluff & fold 2:30 Stretch & stroll 3:30 Game challenge: Connect four 4:30 Hand massages	20 9:45 ROM exercises <b>10:00 Sing-a-long</b> 11:00 Card challenge: Uno 2:00 Sip & snack 2:30 Bingo	21 9:45 ROM Exercises 10:30 Morning snack 11:00 Fellowship with Rev. Davis 2:00 Stretch & Stroll 2:30 Nail care: paint & polish	22 9:45 ROM exercises 10:30 Morning Snack 11:00 Visits with Sugarbear 2:00 Stretch & stroll 2:30 Adult coloring	23 10:00 Music therapy with Laura 11:00 TV time 2:00 Social hour 2:30 Stretch & stroll	
24 10:00 Devotions 10:30 Morning snack 11:00 Gospel music hour 2:30 Friendly visits with family and friends <b>Activities are sub-</b>	25 9:45 ROM exercises 10:30 Morning Snack 11:30 Reading with Rev. Davis 2:00 Visits with Sugarbear	26 9:45 ROM exercises 10:30 Morning Snack 11:30 Fluff & fold 2:30 Stretch & stroll 3:30 Artwork: Heart painting 4:30 Science: Melting Rainbow	27 9:45 ROM exercises <b>10:00 Sing-a-long</b> 11:00 Basketball toss 2:00 Sip & snack 2:30 Bingo	28 9:45 ROM Exercises 10:30 Morning snack 11:00 Fellowship with Rev. Davis 2:00 Stretch & Stroll 2:30 Nail care: paint & polish	