

Stanley Total Living Center Memory Care: November 2018

Sun

Mon

Tue

Wed

Thu

Fri

Sat



1
9:45 ROM Exercises
10:00 Sip & Snack
10:30 Cards: Hi or Lo
11:00 Fellowship with Rev. Davis
2:00 Stretch & Stroll
2:30 Visits with Sug-

2
9:45 ROM exercises
10:00 Nail Care: Paint & Polish
11:00 Thanksgiving movie
2:00 Stretch & Stroll
2:30 Visits with Sug-

3
10:00 Music therapy with Laura
10:30 Sip & Snack
11:30 TV Time
2:00 Social Hour

4
10:00 Devotions
10:30 Morning snack
11:00 Gospel hour
2:30 Friendly visits with friends and family

5
9:45 ROM Exercises
10:00 Morning Snack
11:30 Reading with Rev. Davis
2:00 Visits with Sugarbear
2:30 Stretch & Stroll

6
9:45 ROM Exercises
10:00 Morning Snack
11:00 Fluff & Fold
2:30 Stretch & stroll
3:30 Memory Game
4:00 Table Talk: Thanksgiving food

7
9:45 ROM Exercises
10:00 Sing-a-long
11:15 Target Practice
2:00 Stretch & Stroll
2:30 Bingo

8
9:45 ROM Exercises
10:00 Sip & Snack
10:30 Balloon volleyball
11:00 Fellowship with Rev. Davis
2:00 Stretch & Stroll

9
9:45 ROM exercises
10:00 Nail Care: Paint & Polish
11:00 Simple sorting: Red or Black
2:00 Stretch & stroll
2:30 Adult Coloring

10
10:00 Music therapy with Laura
10:30 Sip & Snack
11:30 TV Time
2:00 Social Hour

11 Veteran's Day
10:00 Devotions
10:30 Morning snack
11:00 Gospel hour
2:30 Friendly visits with friends and family

12
9:45 ROM exercise
10:00 Morning Snack
11:30 Reading with Rev. Davis
2:00 Visits with Sugarbear
2:30 Stretch & Stroll
4:00 Flag Retirement

13
9:45 ROM exercises
10:00 Sip & Snack
11:00 Drum Circle with Mark
2:30 Stretch & Stroll
3:30 Spa Sensations
4:00 Craft: Making bracelets

14
9:45 ROM Exercises
10:00 FUMC Choir
11:15 Adult Coloring
2:00 Stretch & Stroll
2:30 Bingo

15
9:45 ROM Exercises
10:00 Sip & Snack
10:30 Tell me a story: Big Pictures
11:00 Fellowship with Rev. Davis
2:00 Stretch & Stroll

16
9:45 ROM exercises
10:00 Nail Care: Paint & Polish
11:00 Word Play: How many words can you make
2:00 Stretch & Stroll
2:30 Crafts: Count

17
10:00 Music therapy with Laura
10:30 Sip & Snack
11:30 TV Time
2:00 Social Hour

18
10:00 Devotions
10:30 Morning snack
11:00 Gospel hour
2:30 Friendly visits with friends and

19
9:45 ROM Exercise
10:00 Morning Snack
11:30 Reading with Rev. Davis
2:00 Visits with Sugarbear
2:30 Stretch & Stroll

20
9:45 ROM exercises
10:00 Morning Snack
11:00 Basketball
2:30 Music Trivia
3:30 Stretch & Stroll
4:00 Table Talk: Life Stories

21
9:45 ROM Exercises
10:00 Sing-a-long
11:00 Reminiscing: Family recipes
2:00 Stretch & Stroll
2:30 Bingo

22 Thanksgiving
9:45 ROM Exercises
10:00 Sip & Snack
10:30 Pumpkin Pie taste test
11:00 Fellowship with Rev. Davis
2:00 Stretch & Stroll

23
9:45 ROM exercises
10:00 Nail Care: Paint & Polish
11:00 Spa sensations: hand massages
2:00 Stretch & Stroll
2:30 Card Challenge:

24
10:00 Music therapy with Laura
10:30 Sip & Snack
11:30 TV Time
2:00 Social Hour

25
10:00 Devotions
10:30 Morning snack
11:00 Gospel hour
2:30 Friendly visits with friends and

26
9:45 ROM Exercise
10:00 Morning snack
11:30 Reading with Rev. Davis
2:00 Visit with Sugarbear
2:30 Simple Sorting

27
9:45 ROM exercises
10:00 Sip & Snack
11:00 Turkey Plate
2:30 Dear Abbey
3:30 Game Challenge: Connect Four
4:00 Stretch & Stroll

28
9:45 ROM Exercise
10:00 Sing-a-long
11:15 Bingo
2:00 Stretch & Stroll
2:30 Grandmother's purse: Seek and

29
9:45 ROM Exercises
10:00 Sip & Snack
10:30 Twister Toss
11:00 Fellowship with Rev. Davis
2:00 Stretch & Stroll

30
9:45 ROM exercises
10:00 Nail Care: Paint & Polish
11:00 Christmas movie
2:00 Stretch & Stroll
2:30 Fluff & fold

Activities are subject to change. Please see the daily boards on the unit for updates.