

Stanley Total Living Center Memory Care: January 2018

Sun

Mon

Tue

Wed

Thu

Fri

Sat



1
9:45am ROM exercises
10:00 Morning snack
10:30 Delivering New Year's Cards
11:00 Reading with Rev. Davis
1:30 NY pencil art: glasses for a toast

2
9:45am ROM exercises
10:00 Morning snack
10:30 Finish the drawing
11:30 Shuffleboard
12:00 Table talk: Dear Abbey
1:30 Reminiscing: Mama's purse

3
9:45am ROM exercises
10:00 Sing-a-long
11:00 January Random Trivia
11:30 Bingo
1:30 Can you picture this? Build a story activity

4
9:45am ROM exercises
10:00 Music therapy with Laura
11:00 Fellowship with Rev. Davis
1:30 Simple Sorting
3:00 Stretch & Stroll

5
9:45am ROM exercises
10:00 Morning snack
10:30 Nail care: Paint & Polish
12:00 Table Talk: Spelling Bee challenge
1:30 Shut the box game
2:00 Sip & Snack

6
10:00 Morning snack
11:00 Classic sitcoms: The Andy Griffith Show
2:00 Social hour

7
10:00 Devotions
10:30 Morning snack
11:00 Gospel music hour
2:30 Friendly visits with family & friends

8
9:45am ROM exercises
10:00 Morning snack
11:00 Reading with Rev. Davis
1:30 Hot cocoa/hot tea social
2:30 Animal visits from Whispering Hope Farm

9
9:45am ROM exercises
10:00 Morning snack
10:30 What comes next: Sequencing pictures
11:30 Cornhole
12:00 Table talk: Dear Abbey
1:30 Oreo Parfait

10
9:45am ROM exercises
10:00 FUMC Sing-a-long
11:00 Parachute
11:30 Bingo
1:30 Artwork: Raindrop Suncatcher mobile pt. 1
3:00 Stretch & Stroll

11
9:45am ROM exercises
10:00 Music therapy with Laura
11:00 Fellowship with Rev. Davis
12:00 Table talk: Daily Chronicles
1:30 Jigsaw puzzles

12
9:45am ROM exercises
10:00 Morning snack
10:30 5 Clue-What is it game
1:30 Sewing cards
2:00 Searching for Winter word search
2:30 Stretch & Stroll

13
10:00 Morning snack
11:00 Classic sitcoms: I Love Lucy
2:00 Social hour

14
10:00 Devotions
10:30 Morning snack
11:00 Gospel music hour
2:30 Friendly visits with family & friends

15
9:45am ROM exercises
10:00 Morning snack
11:00 Reading with Rev. Davis
1:30 Visits with Sugar-bear
2:00 Sip & Snack

16
9:45am ROM exercises
10:00 Morning snack
10:30 Crafts: Snowman Stuff pt. 1
11:30 Missing letters: Winter sports
1:30 R&R with music

17
9:45am ROM exercises
10:00 Sing-a-long
11:00 Hidden in plain sight: find the object
11:30 Bingo
1:30 Science for Seniors: Sink or Float?

18
9:45am ROM exercises
10:00 Music therapy with Laura
11:00 Fellowship with Rev. Davis
12:00 Table talk: Buzz word

19
9:45am ROM exercises
10:00 Morning snack
10:30 Nail care: Paint & Polish
11:30 Crafts: Snowman Stuff pt. 2
1:30 Snowman photo

20
10:00 Morning snack
11:00 Classic sitcoms: Beverly Hillbillies
2:00 Social hour

21
10:00 Devotions
10:30 Morning snack
11:00 Gospel music hour
2:30 Friendly visits with family & friends

22
9:45am ROM exercises
10:00 Morning snack
11:00 Reading with Rev. Davis
1:30 Visits with Sugar-bear
2:00 Sip & Snack

23
9:45am ROM exercises
Activities on your own today!

Activities are subject to change. See the daily boards for

24
9:45am ROM exercises
10:00 Sing-a-long
11:00 Bingo
1:30 Lucky 7 dice game
2:00 Mixed up breakfast puzzle
2:30 Stretch & Stroll

25
9:45am ROM exercises
10:00 Music therapy with Laura
11:00 Fellowship with Rev. Davis
1:30 Ribbons & music
2:00 Sip & Snack

26
9:45am ROM exercises
10:00 Morning snack
10:30 Art: Watercolor snowflakes
12:00 Table Talk: What's in a word-Winter Wonderland
1:30 Balloon Volleyball

27
10:00 Morning snack
11:00 Comedy with Carol Burnett
2:00 Social hour

28
10:00 Devotions
10:30 Morning snack
11:00 Gospel music hour
2:30 Friendly visits with family & friends

29
9:45am ROM exercises
10:00 Morning snack
11:00 Reading with Rev. Davis
12:00 Table talk: Word play
1:30 Visits with Sugar-bear

30
9:45am ROM exercises
10:00 Morning snack
10:30 Nail Care: Paint & Polish
1:30 Red or Black game challenge
2:00 Ring toss

31
9:45am ROM exercises
10:00 Sing-a-long
11:00 Spa Sensations: Tropical birds
11:30 Bingo
1:30 Crafts: Valentine Sweatshirts

